



October 2025

Science, Education, Entertainment and Knowledge for the Inquisitive



A Monthly Magazine for Kids and Young Adults

Foreword

Dear readers,

Thanks for coming back this month too, to read the latest issue. Thanks for remembering the magazine while spending your free time. We are happy to create more and more knowledgeable and entertaining content every month. Our team is always excited to share their views and information with the readers. They also eagerly wait for the feedback from all of you. Do keep encouraging and motivating us the same way, and keep writing to us at seekit.yosca@gmail.com.

Every time the stadium lights flash on, hearts begin to race. Flags wave, anthems play, and millions of people hold their breath. Sports have a magic that unites entire nations and bring out strong emotions of excitement, pride, and sometimes even anger. When nations compete, especially those with tense histories, those emotions can spill beyond the field.

Few matches show this better than India vs. Pakistan in the Asia Cup 2025. Words, gestures and actions added a lot to the existing competition. In football, the Argentina vs. Brazil rivalry lights up South America with passion and pride, while England vs. Germany carries decades of sporting history and emotion. In tennis, matches like Rafael Nadal vs. Novak Djokovic often stir patriotic energy, especially during global tournaments. Even at the Olympics, where the world comes together, national pride can sometimes blur the spirit of friendly competition. While it is true that the respective countries spend huge amounts of money in training the players, facilitating them and pitching them at the international arenas, healthy competition motivates players

and unites fans — but when nationalism overshadows respect, it harms the essence of sportsmanship.

When players representing different nations face each other, millions of fans on both sides of the border tune in with unmatched passion. The atmosphere is electric — players carry the hopes of their nations, and victory feels like glory itself. Yet, sometimes the spirit of the game gets lost when political tensions or old rivalries creep in, leading to hateful comments, trolling, or unnecessary celebrations and blame.

Players from rival nations often show remarkable friendship off the field, proving that kindness and respect go hand in hand with competition. However, as an individual, one cannot ignore the fact that their respective nations are going through tensions and stick to sportsmanship at all times. This is the tricky zone where the solution lies in education, empathy, and self-control. True victory in sports isn't about defeating the opponent, but about celebrating talent, effort, courage, and unity. Fans, too, must play fair: cheer passionately, respect opponents, and remember that games end, but goodwill lasts. And, as Heywood Broun mentions, "Sports do not build character. They reveal it."

Happy reading!!

- Vani Aparna Chavali

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You can also read the magazine and its archived issues on our website:

<https://seekityosca.wixsite.com/website-1>

(The contributors have been instructed to contribute original work. The authenticity of the originality is checked to the best possible extent. However, if it is not found to be the original work of the writer, kindly bring that to our notice through your feedback)

Stories from Folklore

The Answer Lies in Your Hands – By Rishitha.K., Class 6, The Salvation Army English Medium School

One day, a child went to his mother and asked her, “Mother, who is that old man sitting on the mountain?”

The mother answered, “Don’t call him an old man. He is Lord Buddha, who knows the answers to every question in this universe.”

“Really? Does he know the answers to all the questions?”, asked the child.

“Yes, my dear,” replied the mother.

The child went to the mountain where Buddha was meditating, caught a butterfly from the garden, and, cupping the butterfly gently in his hands, approached Buddha.

Keeping his hand behind his back, he asked Buddha, “Is the thing in my hand alive or dead?”

The child thought that if Buddha answered that the thing was alive, he would crush the butterfly in his hand and show the dead butterfly, proving Buddha wrong. And if Buddha answered that the thing was dead, he would open his gently cupped hand, allowing the butterfly to fly away, showing that the butterfly was alive and again proving Buddha wrong. Thus, Buddha could not know the answer to all questions.

“Is the thing in my hand alive or dead?”, asked the eager child again.

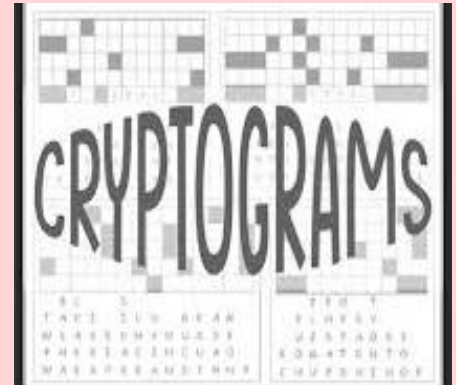
Buddha opened his eyes, nodded his head, and replied, “My dear son, the answer lies in your hands.”



Cryptogram – by Roshan T., Class 7, KV Patshala

Cryptogram is a puzzle where every alphabet is given a code where it is represented by another alphabet. For example, 'a' might be coded as 'd' or 'z'. And, in this cryptogram, there is a pattern to the cryptogram. If you can crack the pattern, you can easily crack it. Try to decode these.

1. Gh, gnv zqd xnt? H zl ehmd.
2. H zd gtmfqx! H mddc ennc!
3. Mdszih hr z fqdzs kdzcdq.
4. Sgdqd rgntkc ad nmkx nmd jhmf hm z enqdrs.
5. Izh Agzqzsg!



The Colour 'Red' – by Vedhasvi, Class 7, KV Patshala

Red is one of the primary colours. It symbolizes powerful, strong emotions and significant events, encompassing both the positive aspects like love, passion,



and energy; and the negative ones like anger and danger. Thus, it is a very powerful and emotionally intense colour with a dual nature,

representing both love and danger. Right from the visible light spectrum, to its use in human communication, red is a colour that captures attention and conveys strong signals. In many countries, red signals stop sign on the roads for the vehicles. In political contexts, the color red is historically and widely associated with communism and socialism.

Founder's Column

Contradicting Proverbs II – by Mr.Narahari Rao K.

In the last issue, we have found a way to handle the contradiction among proverbs in a meaningful manner and follow a systematic process to arrive at a final settlement. Let us look into few more such proverbs and do the same.

“Birds of a feather flock together” as against “Opposites attract”

Apparent Contradiction: One suggests that people with similar traits form bonds; the other claims that differences spark connection.

Analyse to Reconcile: Both are true in different relational dynamics.

- “Birds of a feather” applies to long-term compatibility—shared values, habits, and goals often sustain relationships.
- “Opposites attract” reflects initial fascination—where novelty and contrast kindle interest.

Final Settlement: A philosopher may be drawn to an artist's spontaneity, but enduring friendship may form between two scholars who share intellectual rhythms.

Sanskrit Equivalent (Proverb or Maxim)

सज्जनाः सज्जनैः सह वसन्ति (The virtuous dwell with the virtuous) as against
विपरीतगुणैः आकर्षणम् (Opposing qualities attract)

“The pen is mightier than the sword” as against “Actions speak louder than words”

Apparent Contradiction: One elevates written or spoken influence; the other promotes deeds over speech.

Analyse to Reconcile: They highlight different forms of impact.

- “The pen is mightier” refers to long-term ideological or cultural influence—through laws, literature, and diplomacy.
- “Actions speak louder” emphasizes visibility, credibility, and integrity—where timely action is more effective and impressive than mere verbal initiatives.

Final Settlement: A reformer’s manifesto may inspire change (“pen”), but their personal conduct must reflect their ideals (“action”) to earn trust.

Sanskrit Equivalent (Proverb or Maxim)

"शास्त्रबलं शस्त्रबलात् श्रेष्ठम्।" (The power of knowledge surpasses the power of weapons) as against "कर्मणि वाग् न्यूनम्।" (Words are lesser than action.)

I hope this is an interesting exercise. We’ll discuss some more in the next issue. In the meantime, think about how the proverbs, “You’re never too old to learn” and “You can’t teach an old dog new tricks” can be analyzed together meaningfully.

Strokes & Shades



Veda D., Class 12, Narayana Jr. College



Sangeethapriya L., Class 9, KV Patshala



Thusithasri U., Class 5, KV Patshala



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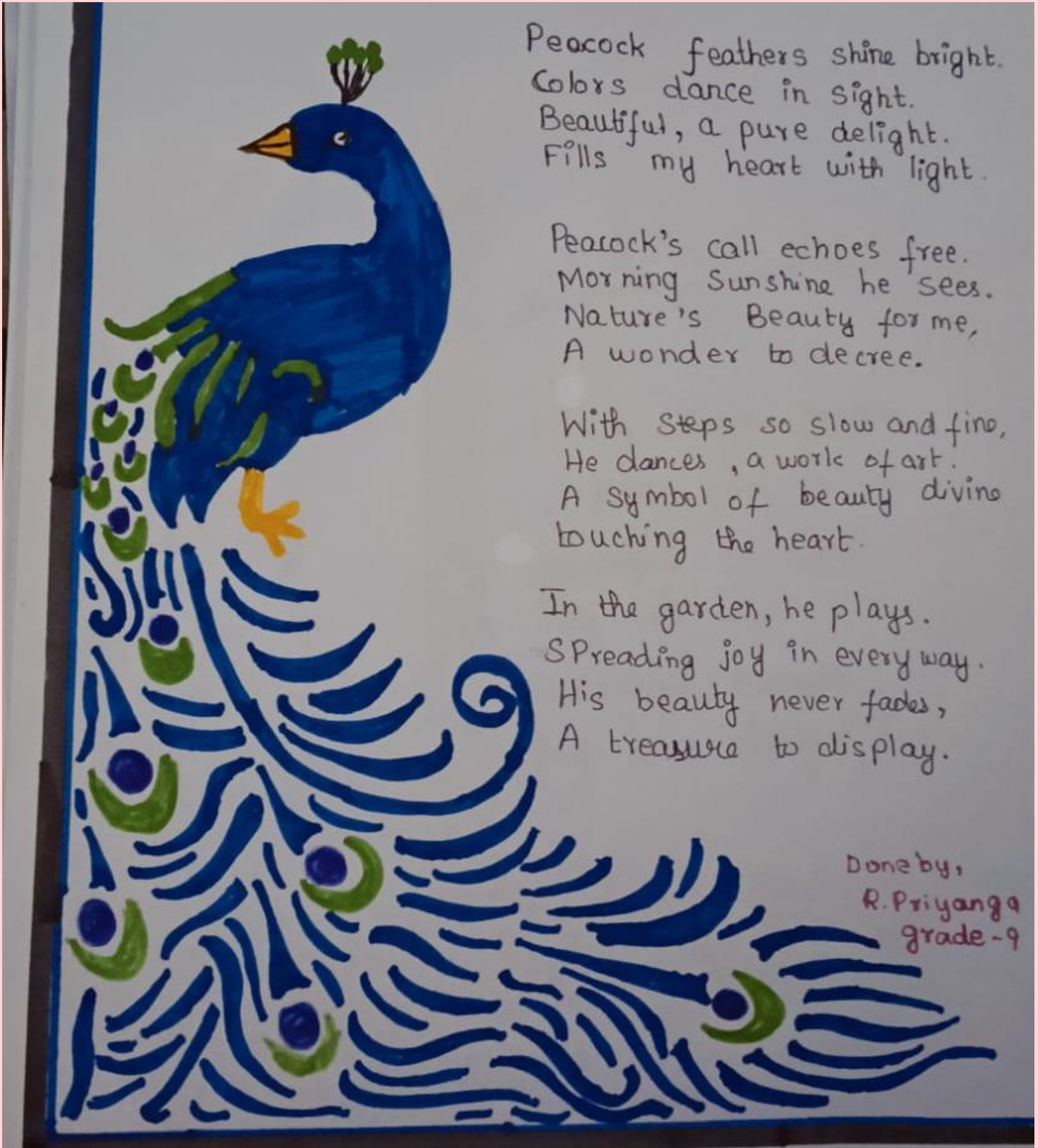


Prathiksha A., Class 5, KV Patshala

Poem

Peacock – Written & Illustrated by Priyanga R., Class 9, KV

Patshala



Peacock feathers shine bright.
Colors dance in sight.
Beautiful, a pure delight.
Fills my heart with light.

Peacock's call echoes free.
Morning Sunshine he sees.
Nature's Beauty for me,
A wonder to decree.

With steps so slow and fine,
He dances, a work of art.
A symbol of beauty divine
touching the heart.

In the garden, he plays.
Spreading joy in every way.
His beauty never fades,
A treasure to display.

Done by,
R. Priyanga
grade-9

Amazing Animals - Acadian Flycatcher

Name: Empidonax virescens

Class: Aves

Order: Passeriformes

Family: Tyrannidae

Genus: Empidonax

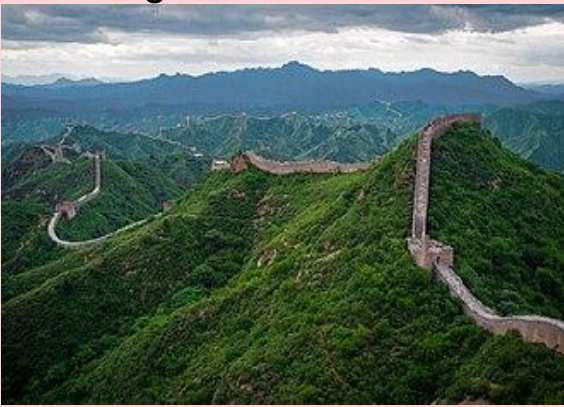


The Acadian Flycatcher is a small bird which is found mainly in riverside forests of North and South America. They have long tails and large heads, and are generally brown, white or orange in colour, are solitary and insectivorous. Their average lifespan is about 3 years. They weigh about 13 g. The estimated population of the Acadian Flycatcher is about 5.2 million. In the next issue, we will learn about the Achroptera Manga.

Le monde de Extraordinaire

The Longest Wall in the World – by Prithvi D.

The longest wall in the world is The Great Wall of China spanning a length of 21,196 km. It is located in The People's Republic of China. The first sections of these walls were built in 7th century BC. As the years passed, dynasties that ruled over that region kept expanding the walls making them the longest fortifications ever seen. The main purpose of the Great Wall was border control and regulating trade. It starts at Liaodong in



the east and stretches till Lop Lake in the West. Initially, earth, stones and wood were used to build the wall. Later, tiles, bricks and lime were used. It was added as a UNESCO World Heritage Site and it is considered one of the most impressive architectural feats ever. There is a common misconception that the Great Wall can be seen by the naked eye from space. But since it is very narrow, it can only be seen with the help of high-power lenses or just slightly during near-perfect conditions.

Let Satire Live On ☺

Time to Stop the Hung(a)ry Jokes – by Unmutable Uncle

Ahoy, my young gang! How have you all been? You think why “Ahoy!”? I was recently in certain parts of Europe where “Ahoy!” is “Hello!”. So, that’s the fresh greetings for this month. This time in Europe, I went hungry. Sorry, I meant I went to Hungary. Yeah, I went hungry too, thanks to more work time and no eating time. At this point, my work-life balance is like my diet plan – nonexistent, imaginary, and only discussed at motivational seminars.



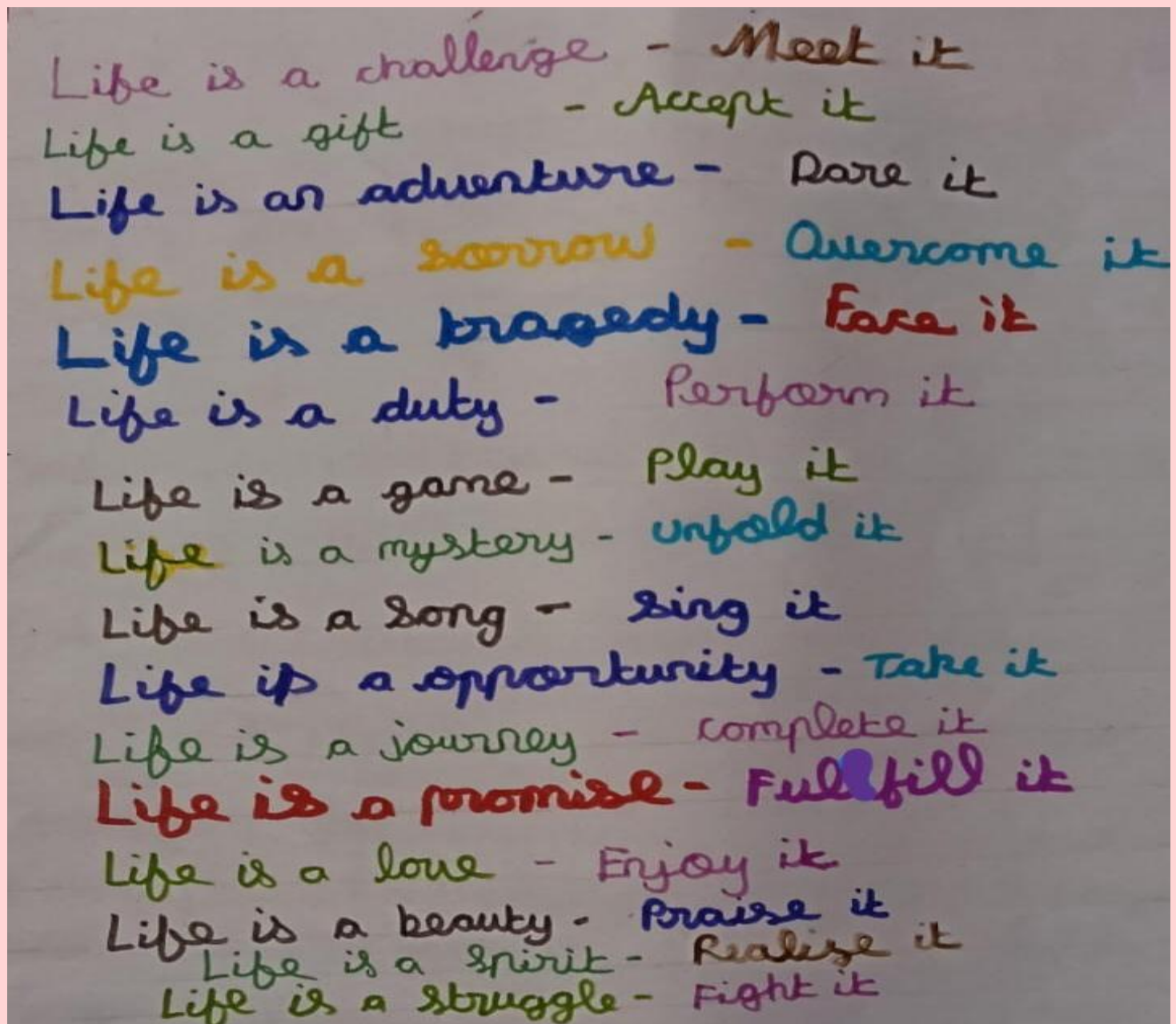
Did it ever happen to you that you did not get time to eat? How would you? Your parents will always chase you and find you time to eat on time. I don’t know when exactly, but my parents stopped chasing me, and slowly my meals started skipping. As meals started skipping, I started having less energy. As I have been having less energy, I started becoming... you guessed it right, I became immutably unmutable. Basically, I now run on fumes, sarcasm, and the occasional biscuit crumbs I find at the bottom of my laptop bag.

Many scientists mention that skipping meals is not a healthy practice at all. I agree with them too. But I challenge the same scientists to do more research and make the day 26 or 28 hours long so that people can have more time to eat and thus will never skip a meal. Just imagine a world with 26 or 28 hours with the additional hours spent by humans only on eating more and sleeping more. Wouldn’t that be great? The restaurants and carpenters will have hands full of work.

You wonder how? Restaurants because of obvious reasons – people want to eat more and thus spend more time and money at the restaurants. Carpenters because people will grow bigger in size after eating all that extra time food and thus would require bigger beds to sleep in the normal and extra times, no? Who will make the beds bigger? Of course, carpenters.

Anyway, that is not happening anytime soon, and so the restaurants and carpenters are going to remain poor, and I am going to eternally remain in Hungary. Sorry, I mean I am going to remain eternally hungry. Honestly, if I skip one more meal, I am strongly considering to just apply for honorary citizenship in Hungary—they might as well give me a passport stamped with 'Perpetually Starving, Please Feed'. I think this is the cue for me to stop the Hungary-hungry jokes and get back to being busy, skipping my meals and becoming unmutable.

This is Life – by Varshika, N., Class 7, KV Patshala



Life is a challenge - Meet it
Life is a gift - Accept it
Life is an adventure - Dare it
Life is a sorrow - Overcome it
Life is a tragedy - Face it
Life is a duty - Perform it
Life is a game - Play it
Life is a mystery - unfold it
Life is a song - Sing it
Life is a opportunity - Take it
Life is a journey - complete it
Life is a promise - Fulfill it
Life is a love - Enjoy it
Life is a beauty - Praise it
Life is a spirit - Realize it
Life is a struggle - Fight it

S.M.A.R.T Goals – by Sreshta C.

Have you ever felt like you have too many things to do? Like catching up with homework, reading your favorite book, revising for a test or an exam or anything else. This month, I'm going to tell you about an easy technique to set clear goals, called S.M.A.R.T. It is an easy way to check if your goal is clear, relevant and time bound.

What does S.M.A.R.T stand for?



- **Specific** - This is to see if your goal is well - defined, and easy to understand.
- **Measurable** - Making your goal measurable makes it easier for you to complete the goal.
- **Achievable** - There is no point in trying to achieve a goal that cannot be achieved. So, before you set your goal, decide whether it is achievable or not.
- **Relevant** - The goal needs to be relevant to your needs.
- **Time-bound** - Most of the time, it is hard to be consistent while trying to achieve or practice something. So, making your goal time-bound will make it easier for you to achieve it till you get used to it.

Now that you understand what S.M.A.R.T stands for, let's create a goal that agrees with it. For example, you want to create a goal that helps you to practice running everyday so that you become consistent.

- Initial goal: I want to practice running.
- **Specific** - I want to practice running every day to improve my health.
- **Measurable** - I want to run at least five times a week.

- Achievable - I want to run for half-an-hour each time, taking small breaks when needed.
- Relevant - I want to run at least 5 times a week because it helps me improve my health.
- Time-bound - I want to do this for six months.
- Final goal: I want to practice running everyday so that I can improve my health, running for half-an-hour, five days a week, consistently for six months.

I hope you understood what a smart goal is, and how you can create one of your own. This method is very simple to use once you are used to it, and it will help you plan your time, and motivate you to achieve your goal.

Sauteed Spinach – by Ms.Veda

Ingredients

- | | |
|--------------------------|-------------------------|
| 1. 1 bunch Spinach | 5. 1 spoon Sesame seeds |
| 2. Red chilli flakes | 6. Olive oil |
| 3. 1/2 teaspoon Salt | 7. 2 Garlic cloves |
| 4. 1 teaspoon Soya sauce | 8. ½ teaspoon Pepper |

Preparation

Rinse the spinach and cut into bite size pieces. In a pan, add 2 spoons olive oil, sesame seeds and lightly saute them, add red chilli flakes, minced garlic, salt, pepper, and then add spinach. Saute for 2 minutes and add 1/2 spoon soya sauce. Mix it well in low flame for 1 minute. Serve it with hot rice.



(Take the help of elders while working with the flame and be safe near the stove).

Understanding Climate Change

Surging Seas in a Warming World: The Urgency of Action – by Wg Cdr Gouripathi V. (Retd)

The world's oceans are on the move — not gently, but steadily rising higher each year. Scientists warn that the seas of the future will not look the same as today's. As ice sheets melt and coastlines change, the challenge of predicting future sea-level rise (SLR) and its impacts grows ever more complex. But one thing is crystal clear: the climate crisis and rising seas are no longer distant




shadows. For the Pacific's Small Island Developing States (SIDS), they are already knocking at the door.

The message from scientists and climate leaders is urgent — the world must make deep, rapid, and lasting cuts in greenhouse gas emissions

now to stay within a 1.5°C warming limit. At the same time, countries must strengthen their defenses, invest in resilience, and adapt to the changes already underway. If current policies continue, the Pacific SIDS could see 18 centimeters more SLR by 2100 compared to a 1.5°C path — a difference that could mean flooded villages, lost land, and shattered livelihoods.

Hope, however, is not lost. The National Adaptation Plan (NAP) process gives nations a chance to prepare for and manage the impacts of rising seas through stronger, economy-wide planning.

The first Global Stocktake (GST) under the Paris Agreement, adopted at COP28, reminds all countries to submit new, stronger climate action plans — ones that cover every sector, every gas, and every opportunity for change. These plans must aim to:

 Halt deforestation and restore forests

- ⚡ Triple renewable energy capacity
- 💡 Double energy efficiency rates
- 🔥 And speed up the transition away from fossil fuels.

To stay on the 1.5°C track, there must be no new coal, oil, or gas projects, and the world must cut fossil fuel use by up to 40% by 2035.

The remaining carbon budget is shrinking fast — perhaps gone in just five years. The time for action is now. The oceans are rising, but so can we. 🌍 💪

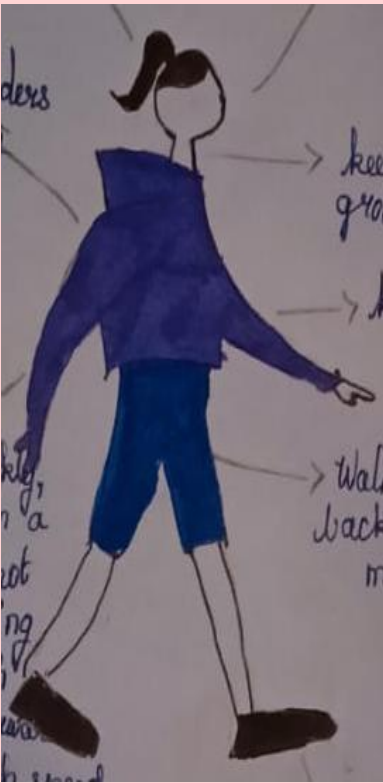
Sudoku

Solve this puzzle using numbers from 1 to 9 such that the numbers are not repeated vertically, horizontally and within each small square.

2		9			3		7	
	1	4	5		6	8	9	
			7					
	7		9	6		3		
8	9		4	3				5
	3		1	8				7
1							3	2
			3		8	4		
3	6			4			8	9

(Answers on Page 20)

Walking is Good, But How to Walk? – Written & Illustrated by Harshika, M., Class 7, KV Patshala



While walking, you should maintain proper posture. This will help your body fully reap its benefits. Here are some tips:

- Keep your back elevated and straight.
- Look 15 to 20 feet from you. Don't look away.
- Keep your shins facing the ground while walking.
- Keep your abdominal muscles relaxed.
- Walk with your hips tilted back and a slight swaying motion.
- When walking briskly, move your arms in a natural motion. Do not walk without moving your arms or with your arms moving forward or backward at high speed.
- Walk with your feet parallel to each other and your shoulders wide apart.

The Brave Bee – Written & Illustrated by Gopika P., Class 7, KV Patshala



Long time ago, there was a bee named Billy. Billy was a cute little bee, but he was brave and wise. He enjoyed playing in the garden. One sunny day, he saw a bee hive which was set on fire. He was brave enough to help other bees out.

Word Search

Find the words within the given grid of letters, based on the given clues:

- | | | |
|----------------------|------------------|----------------------|
| 1. Opposite of 'top' | 4. Colour of sky | 7. Sun rises in ____ |
| 2. Male Parent | 5. Female Parent | 8. Small ship |
| 3. Black bird | 6. Used to fry | |

J	U	T	W	A	Z	O	X	Z	Z	V	K	U	B	X
H	Y	A	I	H	A	I	R	B	L	S	D	B	D	F
C	T	O	U	I	K	J	Y	V	U	E	J	L	J	V
P	R	B	M	U	Q	S	K	E	J	V	U	U	Z	X
Y	B	O	N	V	A	S	M	N	S	F	F	E	M	L
W	G	Z	W	K	Y	Q	Q	H	R	E	U	E	J	K
K	Y	W	S	C	X	I	D	V	A	D	E	S	V	B
L	Y	Z	Q	R	M	H	T	T	H	H	A	B	A	N
R	I	B	P	O	Y	Z	Q	I	Z	Y	T	U	S	U
D	H	O	T	S	A	E	E	E	B	T	E	M	I	G
O	F	H	O	X	Y	O	X	F	R	M	O	M	Q	M
X	E	C	M	X	M	Q	M	R	P	T	K	Y	T	K
R	A	Q	K	I	E	H	L	M	T	T	O	W	H	Y
G	L	A	C	V	G	H	F	O	K	Z	T	A	W	O
V	F	I	Y	K	N	G	B	C	F	A	T	H	E	R

Answers:

Sudoku

2	5	9	8	1	3	6	7	4
7	1	4	5	2	6	8	9	3
6	8	3	7	9	4	2	5	1
4	7	1	9	6	5	3	2	8
8	9	2	4	3	7	1	6	5
5	3	6	1	8	2	9	4	7
1	4	8	6	7	9	5	3	2
9	2	7	3	5	8	4	1	6
3	6	5	2	4	1	7	8	9

Cryptogram - (Logic is all the letters are represented by the letter before them and 'a' is represented by 'z'). 1.Hi how are you I am fine. 2.I am hungry! I need food! 3.Netaji is a great leader. 4. There should be only one king in a forest. 5. Jai Bharath!

Word Search – 1.Bottom, 2.Father, 3.Crow, 4.Blue, 5.Mother, 6.Oil, 7.East, 8.Boat

SEEKIT

Hi Friends,

SEEK IT is started in memory of our grandfather, Late Sri C-D-N- Vijaya Kumar, and his pet organization, **YOSCA**. It is a magazine that is run by children at the forefront.

We herewith invite you to contribute your inputs, to be published in the magazine. Presently, we have 5 segments, which are:

- **Stories and Reviews:** Short stories, moral stories, poems, stories from folklore, book reviews, movie reviews
- **Entertainment** – Puzzles, jokes, riddles, Crosswords, short quizzes, comic strips
- **News** – Interesting news for kids, books to read, young achievers, interesting things I've learnt this Month
- **Arts** – Drawings, paintings, craftwork, artwork, ancient arts, articles about artists and art forms
- **Science** – Interesting facts, latest developments, experiments, science in daily life or sports, scientists

Please ensure that the work is original and email it to us at seekit-yosca@gmail.com

We would be eagerly waiting to hear from you!!